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What is claimed is:

1. A method for managing an electronic cookbook, said method comprising the steps of:

receiving dietary needs designated for a particular user in a particular transmittable data format at a data processing system associated with a particular home base, wherein said data processing system has access to a plurality of electronic recipes;

comparing said dietary needs designated for said particular user with a selection of electronic recipes that are preparable at said particular home base from among said plurality of electronic recipes; and

designating at least one meal plan of recipes from among said selection of electronic recipes that satisfies said dietary needs for said particular user, such that an electronic meal plan is specified on said data processing system for preparation at said particular home base according to said dietary needs of said particular user.

2. The method for managing an electronic cookbook according to claim 1, said step of receiving dietary needs designated for a particular user in said transmittable data format further comprising the step of:

receiving said dietary needs in an extensible mark-up language data format.

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1 3. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

5 receiving said dietary needs from a portable data
6 processing system associated with said particular user,
7 wherein said plurality of dietary needs are stored at
8 said portable data processing system.

1 4. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

5 receiving said dietary needs from a personal storage
6 device proffered by said particular user at said data
7 processing system.

1 5. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

5 receiving said dietary needs from a universally
6 accessible server system according to a particular
7 universal identifier associated with said particular
8 user.

1 6. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

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5 receiving a dietary health plan for said particular
6 user in said dietary needs.

1 7. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

5 receiving intake indicators for said particular user
6 in said dietary needs, wherein said intake indicators
7 include food, liquid and medication intake by said
8 particular user within a particular time period.

1 8. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

5 receiving exercise indicators for said particular
6 user in said dietary needs, wherein said exercise
7 indicators indicate fitness levels for said particular
8 user within a particular time period.

1 9. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising the step of:

5 receiving environmental exposure indicators for said
6 particular user in said dietary needs, wherein said
7 environmental exposure indicators indicate recorded
8 environmental exposure of said particular user within a
9 particular period of time.

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1 10. The method for managing an electronic cookbook
2 according to claim 1, said step of receiving dietary
3 needs designated for a particular user in a particular
4 transmittable data format at a data processing system
5 associated with a particular home base, wherein said data
6 processing system has access to a plurality of electronic
7 recipes, further comprising the step of:

8 accessing said plurality of electronic recipes from
9 an network accessible server system comprising a
10 plurality of electronic recipes.

1 11. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 storing said dietary needs for said particular user
5 at said data processing system in accordance with an
6 occupant status of said particular user.

1 12. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 controlling output of said at least one designated
5 meal plan from said data processing system to an output
6 interface according to user-designated output
7 preferences.

1 13. The method for managing an electronic cookbook
2 according to claim 1, said step of comparing said dietary
3 needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising the step of:

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6 comparing said dietary needs designated for said
7 particular user with a user-designated selection of
8 electronic recipes from among said plurality of
9 electronic recipes.

1 14. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 designating said selection of electronic recipes
5 that are preparable at said particular home base
6 according to ingredients that are currently available at
7 said home base.

1 15. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 designating said selection of electronic recipes
5 that are preparable at said particular home base
6 according to the lifetime of ingredients that are
7 currently available at said home base.

1 16. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step:

4 designating said selection of electronic recipes
5 that are preparable at said particular home base
6 according to kitchen equipment necessary to prepare said
7 electronic recipes available at said home base.

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1 17. The method for managing an electronic cookbook
2 according to claim 1, said step of comparing said dietary
3 needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising the step of:

6 designating said selection of electronic recipes
7 that are preparable at said particular home base
8 according to estimated preparation and cooking times that
9 satisfy designated meal preparation time constraints.

1 18. The method for managing an electronic cookbook
2 according to claim 1, said step of comparing said dietary
3 needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising the step of:

6 designating said selection of electronic recipes
7 that are preparable at said particular home base
8 according to preselected food preferences for said home
9 base.

1 19. The method for managing an electronic cookbook
2 according to claim 1, said step of comparing said dietary
3 needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising the step of:

6 designating said selection of electronic recipes
7 that are preparable at said particular home base
8 according to a designated event.

1 20. The method for managing an electronic cookbook
2 according to claim 1, said step of comparing said dietary

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needs designated for said particular user with a selection of electronic recipes that are preparable at said particular home base further comprising the step of:

designating said selection of electronic recipes that are preparable at said particular home base according to a food budget for said particular home base.

21. The method for managing an electronic cookbook according to claim 1, said step of comparing said dietary needs designated for said particular user with a selection of electronic recipes that are preparable at said particular home base further comprising the step of:

comparing said dietary needs designated for said particular user and dietary needs for additional occupants with said selection of electronic recipes that are preparable at said particular home base.

22. The method for managing an electronic cookbook according to claim 1, said step of comparing said dietary needs designated for said particular user with a selection of electronic recipes that are preparable at said particular home base further comprising the step of:

adjusting a plurality of accessible electronic recipes to utilize ingredients currently available at said home base.

23. The method for managing an electronic cookbook according to claim 1, said step of comparing said dietary needs designated for said particular user with a selection of electronic recipes that are preparable at said particular home base further comprising the step of:

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adjusting said selection of electronic recipes to substitute ingredients indicated in said dietary needs to be eliminated with alternative ingredients.

24. The method for managing an electronic cookbook according to claim 1, said step of receiving said dietary needs designated for said particular user further comprising the step of:

receiving current medication usage for said particular user in said transmittable data format at said data processing system.

25. The method for managing an electronic cookbook according to claim 24, said method further comprising the steps of:

comparing ingredients utilized in said at least one designated meal plan and medication usage for said particular user with medication summaries for said current medication usage; and

alerting said particular user of any food and medication conflicts between said at least one designated meal plan and said medication usage.

26. The method for managing an electronic cookbook according to claim 1, said method further comprising the steps of:

receiving a plurality of cooking related purchases for said particular home base at said data processing system; and

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7 storing said plurality of cooking related purchases
8 in a database of available cooking related items at said
9 particular home base.

1 27. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 recommending additional cooking related purchases to
5 supplement currently available ingredients and equipment.

6 28. The method for managing an electronic cookbook
7 according to claim 1, said method further comprising the
8 step of:

9 adding events to a schedule according to a meal
10 plan selection, in response to receiving a meal plan
11 selection from among said at least one meal plan.

12 29. The method for managing an electronic cookbook
13 according to claim 28, said method further comprising the
14 step of:

15 adding events to a schedule for purchasing cooking
16 related supplies for preparing said meal plan selection.

17 30. The method for managing an electronic cookbook
18 according to claim 28, said method further comprising the
19 step of:

20 adding events to a schedule for preparation and
21 cooking time for said particular meal plan selection.

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1 31. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 updating a kitchen budget according to cost of
5 cooking related supplies utilized for said meal plan
6 selections, in response to receiving a meal plan
7 selection from among said at least one meal plan.

1 32. The method for managing an electronic cookbook
2 according to claim 1, said method further comprising the
3 step of:

4 updating a data storage medium from which said
5 dietary needs for said particular user are received with
6 a meal plan selection, in response to receiving a meal
7 plan selection from among said at least one meal plan.
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1 33. A system for managing an electronic cookbook, said
2 system comprising:

3 means for receiving dietary needs designated for a
4 particular user in a particular transmittable data format
5 at a data processing system associated with a particular
6 home base, wherein said data processing system has access
7 to a plurality of electronic recipes;

8 means for comparing said dietary needs designated
9 for said particular user with a selection of electronic
10 recipes that are preparable at said particular home base
11 from among said plurality of electronic recipes; and

12 means for designating at least one meal plan from
13 among said selection of electronic recipes that satisfies
14 said dietary needs for said particular user, such that an
15 electronic meal plan is specified on said data processing
16 system for preparation at said particular home base
17 according to said dietary needs of said particular user.

18 34. The system for managing an electronic cookbook
19 according to claim 33, said means for receiving dietary
20 needs designated for a particular user in said
21 transmittable data format further comprising:

22 means for receiving said dietary needs in an
23 extensible mark-up language data format.

24 35. The system for managing an electronic cookbook
25 according to claim 33, said means for receiving dietary
26 needs designated for a particular user in said
27 transmittable data format further comprising:

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5 means for receiving said dietary needs from a
6 portable data processing system associated with said
7 particular user, wherein said plurality of dietary needs
8 are stored at said portable data processing system.

1 36. The system for managing an electronic cookbook
2 according to claim 33, said means for receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising:

5 means for receiving said dietary needs from a
6 personal storage device proffered by said particular user
7 at said data processing system.

1 37. The system for managing an electronic cookbook
2 according to claim 33, said means for receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising:

5 means for receiving said dietary needs from a
6 universally accessible server system according to a
7 particular universal identifier associated with said
8 particular user.

1 38. The system for managing an electronic cookbook
2 according to claim 33, said means for receiving dietary
3 needs designated for a particular user in said
4 transmittable data format further comprising:

5 means for receiving a dietary health plan for said
6 particular user in said dietary needs.

1 39. The system for managing an electronic cookbook
2 according to claim 33, said means for receiving dietary

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needs designated for a particular user in said transmittable data format further comprising:

means for receiving intake indicators for said particular user in said dietary needs, wherein said intake indicators include food, liquid and medication intake by said particular user within a particular time period.

40. The system for managing an electronic cookbook according to claim 33, said means for receiving dietary needs designated for a particular user in said transmittable data format further comprising:

means for receiving exercise indicators for said particular user in said dietary needs, wherein said exercise indicators indicate fitness levels for said particular user within a particular time period.

41. The system for managing an electronic cookbook according to claim 33, said means for receiving dietary needs designated for a particular user in said transmittable data format further comprising:

means for receiving environmental exposure indicators for said particular user in said dietary needs, wherein said environmental exposure indicators indicate recorded environmental exposure of said particular user within a particular period of time.

42. The system for managing an electronic cookbook according to claim 33, said means for receiving dietary needs designated for a particular user in a particular transmittable data format at a data processing system

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5 associated with a particular home base, wherein said data
6 processing system has access to a plurality of electronic
7 recipes, further comprising:

8 means for accessing said plurality of electronic
9 recipes from an network accessible server system
10 comprising a plurality of electronic recipes.

1 43. The system for managing an electronic cookbook
2 according to claim 33, said system further comprising:

3 means for storing said dietary needs for said
4 particular user at said data processing system in
5 accordance with an occupant status of said particular
6 user.

7 44. The system for managing an electronic cookbook
8 according to claim 33, said system further comprising:

9 means for controlling output of said at least one
10 designated meal plan from said data processing system to
an output interface according to user-designated output
preferences.

1 45. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for comparing said dietary needs designated
7 for said particular user with a user-designated selection
8 of electronic recipes from among said plurality of
9 electronic recipes.

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1 46. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to ingredients that are currently available at
9 said home base.

1 47. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to the lifetime of ingredients that are
9 currently available at said home base.

1 48. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to kitchen equipment necessary to prepare said
9 electronic recipes available at said home base.

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1 49. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to estimated preparation and cooking times that
9 satisfy designated meal preparation time constraints.

1 50. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to preselected food preferences for said home
9 base.

1 51. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to a designated event.

1 52. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said

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3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for designating said selection of electronic
7 recipes that are preparable at said particular home base
8 according to a food budget for said particular home base.

1 53. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for comparing said dietary needs designated
7 for said particular user and dietary needs for additional
8 occupants with said selection of electronic recipes that
9 are preparable at said particular home base.

1 54. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

6 means for adjusting a plurality of accessible
7 electronic recipes to utilize ingredients currently
8 available at said home base.

1 55. The system for managing an electronic cookbook
2 according to claim 33, said means for comparing said
3 dietary needs designated for said particular user with a
4 selection of electronic recipes that are preparable at
5 said particular home base further comprising:

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6 means for adjusting said selection of electronic
7 recipes to substitute ingredients indicated in said
8 dietary needs to be eliminated with alternative
9 ingredients.

1 56. The system for managing an electronic cookbook
2 according to claim 33, said means for receiving said
3 dietary needs designated for said particular user further
4 comprising:

5 means for receiving current medication usage for
6 said particular user in said transmittable data format at
7 said data processing system.

8 57. The system for managing an electronic cookbook
9 according to claim 56, said system further:

1 means for comparing ingredients utilized in said at
2 least one designated meal plan and medication usage for
3 said particular user with medication summaries for said
4 current medication usage; and

5 means for alerting said particular user of any food
6 and medication conflicts between said at least one
7 designated meal plan and said medication usage.

8 58. The system for managing an electronic cookbook
9 according to claim 33, said system further comprising:

1 means for receiving a plurality of cooking related
2 purchases for said particular home base at said data
3 processing system; and

4 means for storing said plurality of cooking related

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7 purchases in a database of available cooking related
8 items at said particular home base.

1 59. The system for managing an electronic cookbook
2 according to claim 33, said system further comprising:

3 means for recommending additional cooking related
4 purchases to supplement currently available ingredients
5 and equipment.

1 60. The system for managing an electronic cookbook
2 according to claim 33, said system further comprising:

3 means for adding events to a schedule according to
4 a meal plan selection, in response to receiving a meal
5 plan selection from among said at least one meal plan.

1 61. The system for managing an electronic cookbook
2 according to claim 60, said system further comprising:

3 means for adding events to a schedule for purchasing
4 cooking related supplies for preparing said meal plan
5 selection.

1 62. The system for managing an electronic cookbook
2 according to claim 60, said system further comprising:

3 means for adding events to a schedule for
4 preparation and cooking time for said particular meal
5 plan selection.

1 63 . The system for managing an electronic cookbook
2 according to claim 33, said system further comprising:

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3 means for updating a kitchen budget according to
4 cost of cooking related supplies utilized for said meal
5 plan selections, in response to receiving a meal plan
6 selection from among said at least one meal plan.

1 64. The system for managing an electronic cookbook
2 according to claim 1, said system further comprising:

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4 updating a data storage medium from which said
5 dietary needs for said particular user are received with
6 a meal plan selection, in response to receiving a meal
7 plan selection from among said at least one meal plan.

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1 65. A program for managing an electronic cookbook,
2 residing on a computer usable medium having computer
3 readable program code means, said program comprising:

4 means for receiving dietary needs designated for a
5 particular user in a particular transmittable data format
6 at a data processing system associated with a particular
7 home base, wherein said data processing system has access
8 to a plurality of electronic recipes;

9 means for comparing said dietary needs designated
10 for said particular user with a selection of electronic
11 recipes that are preparable at said particular home base
12 from among said plurality of electronic recipes; and

13 means for designating at least one meal plan from
14 among said selection of electronic recipes that satisfies
15 said dietary needs for said particular user, such that an
16 electronic meal plan is specified on said data processing
17 system for preparation at said particular home base
18 according to said dietary needs of said particular user.

1 66. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for receiving said dietary needs in an
4 extensible mark-up language data format.

1 67. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for accessing said plurality of electronic
4 recipes from an network accessible server system
5 comprising a plurality of electronic recipes.

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1 68. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for storing said dietary needs for said
4 particular user at said data processing system in
5 accordance with an occupant status of said particular
6 user.

1 69. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for controlling output of said at least one
4 designated meal plan from said data processing system to
5 an output interface according to user-designated output
6 preferences.

1 70. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for comparing said dietary needs designated
4 for said particular user with a user-designated selection
5 of electronic recipes from among said plurality of
6 electronic recipes.

1 71. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to ingredients that are currently available at
6 said home base.

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1 72. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to the lifetime of ingredients that are
6 currently available at said home base.

1 73. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to kitchen equipment necessary to prepare said
6 electronic recipes available at said home base.

1 74. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to estimated preparation and cooking times that
6 satisfy designated meal preparation time constraints.

1 75. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to preselected food preferences for said home
6 base.

1 76. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

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3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to a designated event.

1 77. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for designating said selection of electronic
4 recipes that are preparable at said particular home base
5 according to a food budget for said particular home base.

1 78. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for comparing said dietary needs designated
4 for said particular user and dietary needs for additional
5 occupants with said selection of electronic recipes that
6 are preparable at said particular home base.

1 79. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for adjusting a plurality of accessible
4 electronic recipes to utilize ingredients currently
5 available at said home base.

1 80. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for adjusting said selection of electronic
4 recipes to substitute ingredients indicated in said
5 dietary needs to be eliminated with alternative
6 ingredients.

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1 81. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for receiving current medication usage for
4 said particular user in said transmittable data format at
5 said data processing system.

1 82. The program for managing an electronic cookbook
2 according to claim 79, said program further:

3 means for comparing ingredients utilized in said at
4 least one designated meal plan and medication usage for
5 said particular user with medication summaries for said
6 current medication usage; and

7 means for alerting said particular user of any food
8 and medication conflicts between said at least one
9 designated meal plan and said medication usage.

1 83. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for receiving a plurality of cooking related
4 purchases for said particular home base at said data
5 processing system; and

6 means for storing said plurality of cooking related
7 purchases in a database of available cooking related
8 items at said particular home base.

1 84. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for recommending additional cooking related

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4 purchases to supplement currently available ingredients
5 and equipment.

1 85. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for adding events to a schedule according to
4 a meal plan selection, in response to receiving a meal
5 plan selection from among said at least one meal plan.

1 86. The program for managing an electronic cookbook
2 according to claim 85, said program further comprising:

3 means for adding events to a schedule for purchasing
4 cooking related supplies for preparing said meal plan
5 selection.

1 87. The program for managing an electronic cookbook
2 according to claim 85, said program further comprising:

3 means for adding events to a schedule for
4 preparation and cooking time for said particular meal
5 plan selection.

1 88. The program for managing an electronic cookbook
2 according to claim 65, said program further comprising:

3 means for updating a kitchen budget according to
4 cost of cooking related supplies utilized for said meal
5 plan selections, in response to receiving a meal plan
6 selection from among said at least one meal plan.

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1 89. An electronic cookbook system, said system
2 comprising:

3 a data processing system;

4 a database of dietary needs for occupants of said
5 particular home accessible at said data processing
6 system;

7 a database of electronic recipes accessible at said
8 data processing system;

9 a meal analyzer application executable on said data
10 processing system that determines at least one meal plan
11 of recipes from among said database of electronic recipes
12 that achieve said dietary needs of said occupants of said
13 particular home.

1 90. The electronic cookbook system according to claim
2 89, said system further comprising:

3 a database of visitor dietary needs, wherein said
4 meal analyzer application determines at least one meal
5 plan of recipes from among said database of electronic
6 recipes that achieve said dietary needs of occupants and
7 visitors.

1 91. The electronic cookbook system according to claim
2 89, wherein said data processing system is a universally
3 accessible server system accessible via a universally
4 accessible database according to a particular universal
5 identifier.

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1 92. The electronic cookbook system according to claim
2 91, wherein said universally accessible server system is
3 accessible by any of a plurality of computer systems via
4 said universally accessible database according to a
5 particular universal identifier.

1 93. The electronic cookbook system according to claim
2 92, wherein said at least one meal plan of recipes
3 designated at said data processing system in output to an
4 output interface controlled by a particular computer
5 system from among said plurality said plurality of
6 computer systems.

1 94. The electronic cookbook system according to claim
2 89, wherein dietary needs for said plurality of occupants
3 are retrieved into said database of dietary needs from a
4 plurality of personal storage devices, wherein each of
5 said plurality of personal storage devices is
6 respectively associated with one of said plurality of
7 occupants.

1 95. The electronic cookbook system according to claim
2 89, wherein dietary needs for said plurality of occupants
3 are retrieved into said database of dietary needs from a
4 universally accessible database in association with a
5 plurality of universal identifier, wherein each of said
6 plurality of universal identifiers is respectively
7 associated with one of said plurality of occupants.

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filtering said plurality of electronic recipes
according to kitchen equipment accessible at said

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particular household.

99. The method for managing recipe selections within an electronic cookbook according to claim 96, said step of filtering said plurality of electronic recipes at said electronic recipe controller according to specifications for a particular household, further comprising the step of:

filtering said plurality of electronic recipes according to available preparation and cooking times scheduled for said particular household.

100. The method for managing recipe selections within an electronic cookbook according to claim 96, said step of filtering said plurality of electronic recipes at said electronic recipe controller according to specifications for a particular household, further comprising the step of:

filtering said plurality of electronic recipes according to a designated food-related event scheduled for said particular household.

101. The method for managing recipe selections within an electronic cookbook according to claim 96, said method further comprising the step of:

determining additional cooking related purchases to supplement currently available ingredients and equipment at said electronic cookbook controller.

102. The method for managing recipe selections within an electronic cookbook according to claim 96, said method

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1. The first step is to identify the problem. This involves understanding the current situation and the goals that need to be achieved.